



Participation in Practice

Birmingham OT Champions Programme

Venue: Hollyfields Conference and Sports Centre, Woodacre Road, Birmingham B24 OJT

Time: 9:00-3:30hrs

Day	Date	Session
1	01/10/26	Occupational Foundations in School Practice Understanding participation, development and occupational performance.
2	22/10/26	Regulation, Energy and Participation Exploring how physiological regulation, energy levels, sensory processing influence participation, engagement and readiness for learning.
3	03/12/26	Sensory-Informed Environments Understanding how classroom environments can support or create barriers to participation.
4	21/01/27	Posture, Motor Skills and Physical Access Exploring the physical foundations that support learning and engagement.
5	25/02/27	Independence and Functional Participation Supporting pupils to develop independence within everyday school routines.
6	18/03/27	Implementation and Leadership Translating learning into realistic, sustainable changes within your own setting.